

Usui Reiki Lineage



Mikao Usui

In the 1920's a Japanese Buddhist priest, Dr Mikao Usui, rediscovered an ancient way of channelling healing energy, creating the Usui System of Energy healing, or Usui Shiki Reiki Ryoho, which has become better known simply as Reiki.

Usui's legend tells us that Usui was a monk in a Christian seminary in Kyoto Japan. One day his students asked him why they had not heard anything of the healing methods used by Jesus. They wanted to see these methods demonstrated and they wanted to use them. Usui could not answer these questions, so he gave up his teaching post and began a 21 year spiritual quest.

Usui rediscovered Reiki during a 21-day fast and meditation under a tree on the top of the sacred Mt Kurama in Japan.



Dr Chujiro Hyashi

A Japanese Naval Officer and Doctor, Chujiro Hyashi was one of the few students Mikao Usui attuned to the Master Level. Because of his medical training, Hyashi created the traditional hand placements commonly used by Reiki practitioners today. Mr Hyashi opened a Reiki clinic with 16 healers on staff and that is how he met Mrs Hawayo Takata in 1938.



Mrs Hawayo Takata

Suffering with a multitude of health challenges and unable to find relief with western medicine at her home in Hawaii, Hawayo Takata checked herself into Dr Hyashi's clinic. Just moments before undergoing surgery on her gallbladder she received an intuitive message telling her the surgery was not necessary. Upon asking for guidance, she was introduced to Dr Hyashi and eventually convinced him to teach her Reiki. Mrs Takata is responsible for bringing Reiki to the western world.

Ms Phyllis Ferramoto

Ms Pat Cyr

Ms Corinne Friesen → Mrs Julie Blacker



Ms Debra Taylor

Drawn to Reiki by a desire to achieve personal balance, Debra quickly discovered dozens of everyday practical uses for Reiki including healing for animals. As a Reiki Master, Debra's intention is to continue the Usui legacy and her mission is to awaken a healer in every home.

[Your name here!](#)

Reiki Precepts

Just for today:

I will let go of worry

I will let go of anger

I will do my work honestly

I will remember to give thanks

I will be kind to my neighbour and to all living things